



City of San Marcos

HUMAN SERVICES FUNDING APPLICATION

Fiscal Year 2022

Name of Agency/Organization: Cenikor Foundation

Address: 1901 Dutton Drive Suite E

City, State & Zip: San Marcos Texas 78666

Contact Person: Carla Merritt Title: Prevention Director

E-Mail Address: cmerritt@cenikor.org Website: www.cenikor.org

Phone: 512 396 7695 ext. 5225 Fax: _____

Program Title: Prevention of Substance Use

Amount of Funds Requested: \$15,000.00

Status: (check one) Existing Program Program Expansion New Program

Briefly describe the program proposed for funding and the services it provides:

Cenikor's Prevention of Substance Use Program provides San Marcos CISD and the San Marcos community with evidenced based health and wellness curriculum, presentations, and positive activities throughout the year. The focus of Prevention is on social and emotional education, and information on the health risks of tobacco, vaping, alcohol, and other drugs for middle and high school students. Cenikor collaborates with the San Marcos Housing Authority, San Marcos Parks and Recreation Department, Youth Service Bureau, CASA, the Boys and Girls Club and other community partners to delivers services. Prevention Services also occur in the form of health fairs and events such as National Night Out, Movies in the Park, Youth Fest, and at other events upon request

Describe who will benefit from this program and how:

Youth ages 6-18, young adults, parents, teachers, and other adults will benefit from Prevention services which are age appropriate, encompass mental health wellness, and are approved by the Health and Human Services Commission. Education is provided throughout the district in the classroom, in small groups, and through lunch and learn activities. Adults receive Prevention information throughout the year through presentations, the Prevention Newsletter, and through social media campaigns centered around Red Ribbon Week, Great American Smoke Out, National Drug Facts Week, and Spring Break events.

If requested funds are to be used as matching funds, identify source and amount of primary grants:

Source: Texas Health and Human Service Commission Amount: \$30,236.00
\$604,726.00
match required

Source: _____ Amount: _____

In addition, American Rescue funds requested to assist Travis Elementary with children who are experiencing effects related to the COVID-19 Pandemic. Research shows that children who become anxious benefit from outside time, which calms their central nervous system. Often called a Movement Break a walk outside soothes children so they can return to the classroom. Travis Elementary does not have a walking trail on site, nor quiet outside spaces to sit for the children. Both the Principal and School Counselor have shared how beneficial this trail and quiet spaces would be. Cenikor, if awarded the American Rescue Funds from the City of San Marcos Cenikor would utilize these funds to implement this project. Discussion have occurred with Travis Elementary as to how this outside space would be sustainable and maintained by the school district.

Client Information Specific to This Program:

1) Describe the direct clients for this program.

Direct clients are youth who receive Health and Wellness Curriculum Education.

2) How is the program marketed to direct clients? How do you find these clients?

Cenikor's Prevention Program has long-standing relationship with the City of the San Marcos, San Marcos CISD, and community partners extending back to 1990. The Cenikor Prevention Director, Carla Merritt, began providing Prevention services in 1991 for the San Marcos Community. Cenikor's reputation for professional and quality services continue to market the Prevention Program in the San Marcos area and fill a need for youth and adults and the community at large.

3) Describe the indirect clients for this program, if any.

Indirect clients are youth, teachers, parents, and other adults that attend presentations, activities, and information through community events.

4a) Expected total annual unduplicated direct clients for this program: 20,000

4b) Expected annual unduplicated direct clients who are City of San Marcos residents: 7,000

5) Does program participation depend upon income or any other determination of eligibility?

No:

Yes: If Yes, please attach a copy of the eligibility guidelines.
(If a sliding scale is used attach a copy of the scale used.)

Submitted By: *See next page for signatures*

Signature of Executive Director

Date

Printed Name of Executive Director

Approval:

Signature of Board President

Date

Printed Name of Board President

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Source: Texas Health and Human Service Commission Amount: \$30,236.00 Match Required

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** CEO - Bill Bailey signed on wrong date*

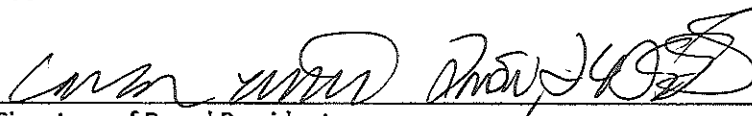
Submitted By:


Signature of Executive Director

9/11/2021
Date

Bill Bailey
Printed Name of Executive Director

Approval:


Signature of Board President

9/13/2021
Date

Carla Merritt Prevention Director
Printed Name of Board President



HUMAN SERVICES FUNDING QUESTIONNAIRE

FY 2022

The Board strongly requests that all answers be typed.
Responses should not exceed 75 words per question.

PLEASE COMPLETE ALL QUESTIONS.

1. What is the agency's or organization's mission?

Cenikor. A Place for Change. Providing a Foundation for Better Health and Better Lives

Vision: Cenikor will be a leader in providing quality substance abuse and behavioral health services in the communities we serve through a continuum of care for adults and adolescents.

2. Regarding the program for which funding is being requested, what evidence suggests this program is needed in San Marcos or nearby?

According to the Substance Abuse and Mental Health Services Administration 5,412 U.S. adults reported through a survey they had begun or increased substance use to cope with stress or emotions associated with the COVID-19 pandemic (Czeisler et al., 2020). Children and youth in the San Marcos community are a very vulnerable population because they are dependent on the adults in their lives to provide for their physical and mental health needs.

3. What specific, measurable outcomes or results do you hope to achieve with this program?

The Cenikor Prevention Program has monthly measurable goals to service youth and adults. Monthly goals are determined by the Health and Human Services Commission and provide a framework for delivering Prevention Services during throughout the year.

4. How will you measure results throughout the year?

The Prevention Program outcomes are reported to the Health and Human Services Commission monthly and upon completion of services. These reports allow Cenikor to track program accomplishments throughout the year. The Prevention Team meets weekly to discuss program delivery and plan for Prevention events for the San Marcos School District and Community.

5. Please answer the following questions if funding is requested for staff:

List the title of each position for which funding is requested, how many hours per week will be spent on this program vs other programs, and the activities associated with each position.

b. If staff funding requests can only be partially funded, how will you supplement the funding to cover the remainder needed?

c. Staff pay may only be funded for one year. What will you do to provide for this position next year

6. Funding Questions

a. What has your organization done in the past two years to raise different funding for this program?

Cenikor continues to look to diversify funding for the Prevention Programs. Over the past two years Cenikor has applied for a variety of grants. In March of 2020 Cenikor applied for a Substance Abuse and Mental Health Services Administration grant for a Prevention Program focused on the 18–34-year-old population and was awarded the funding. This funding is for five years.

b. What do you plan to do this year to find different funding for this program?

The Prevention Director will continue to look to increase and find different funding for the Prevention Program through SAMHSA and other grant opportunities.

7. What additional funding is your agency requesting for this program?

Funding Source	Amount Requested	Amount Granted	Pending (Y/N)
Hays County	\$20,000.00		Y
City of Lockhart	\$1,000.00		Y

8. Describe any differences between the way you had proposed spending last year’s allocation and the way you actually spent it.

There were no differences in how the proposed spending occurred and the way the funds were spent with last year’s allocation of funds. The match dollars are a required part of the Health and Humans Services Prevention contract and shows the City’s support commitment of Cenikor’s Prevention Programs. The City of San Marcos has supported our Prevention Programs for 30 plus years

9. How many volunteers does your agency or organization have and how many hours do they spend on the program requesting funding?

Cenikor utilizes Social Work interns through the partnership with Texas State University and has the capacity to take on from one to three interns throughout the year.

10. a. How is the agency’s or organization’s Board of Directors selected?

Business leaders from a broad spectrum of industries who can volunteer their time to provide fiduciary and board governance duties.

b. How often do does the Board meet?

The Cenikor Board meets as a quorum each quarter for presentations from Cenikor leadership, and to provide input and guidance to the Cenikor leadership. Directors sit on various Committees with specific areas of oversight, and these Board Committees, many of which also have Cenikor employee membership meet quarterly, or as needed to achieve the goals of the Committee.

c. What actions do Board members take to support the programs of the agency or organization?

The Board of Directors of Cenikor are unpaid volunteer positions of business leaders who support the Mission of the charity. They provide monetary support, as well as “hands-on” engagement with our community outreach, fundraising activities, and building relationships with other supporters and referral partners. The Board provides fiduciary and operational insight from their many years of experience. Although a Policy Board, the Directors occasionally engage with Cenikor leadership when needed.