



**City of San Marcos**  
**HUMAN SERVICES FUNDING APPLICATION**  
**Fiscal Year 2022**

Name of Agency/Organization: Cenikor Foundation

Address: 1901 Dutton Drive Suite E

City, State & Zip: San Marcos Texas 78666

Contact Person: Carla Merritt Title: Prevention Director

E-Mail Address: cmerritt@cenikor.org Website: www.cenikor.org

Phone: 512 396-7695 ext. 5225 Fax: \_\_\_\_\_

Program Title: Youth Recovery Community

Amount of Funds Requested: \$10,000.00

Status: (check one)      Existing Program      Program Expansion      New Program

**Briefly describe the program proposed for funding and the services it provides:**

The Youth Recovery Community (YRC) serves adolescents and youth ages 13-21 seeking recovery support from substance use and/or mental health difficulties by providing a variety of services that include individual coaching sessions, support groups and sober social events. YRC also serves in family engagement development by providing resources for parents that align with the youth's current services.

**Describe who will benefit from this program and how:**

Youth ages 13-21 and families in the Hays County, San Marcos and surrounding areas that are seeking recovery from substances and/or mental health struggles are provided a safe, confidential environment to aid in promoting better overall health. The program participants will receive individual mentoring, group sessions to build community with their peers, academic and vocational support.

**If requested funds are to be used as matching funds, identify source and amount of primary grants:**

Source: Health and Services Commission Amount: \$291,00.00 match funds required \$14,550

Source: \_\_\_\_\_ Amount: \_\_\_\_\_

In addition, American Rescue funds requested to assist YRC families who are experiencing effects related to the COVID-19 Pandemic. Funds to empower families to have access to trauma informed care and health and wellness resources through technology, access to gas cards for transportation to YRC services and other community partner referrals, and food items for healthy nutrition. Cenikor, if awarded the American Rescue Funds from the City of San Marcos would utilize these funds for families. Internal processes would occur to track the number of families that benefit from these funds.

**Client Information Specific to This Program:**

1) Describe the direct clients for this program.

Youth Peer Support is a peer-delivered service for youth and young adults. The YRC Programs design is to support youth and young adults with substance use history/ emotional disturbance/serious mental illness (SED/SMI) through shared activities and interventions in the form of direct support, information sharing, and skill building.

2) How is the program marketed to direct clients? How do you find these clients?

YRC is promoted through community outreach events, networking with other service providers, continually being a presence on school campuses distributing target informational materials and providing presentations as needed/requested. Our program also receives referrals from existing community partnerships.

3) Describe the indirect clients for this program, if any.

The indirect clients for this program is family members, school staff, counselors, case managers and other program providers within the community.

4a) Expected total annual unduplicated direct clients for this program: 55

4b) Expected annual unduplicated direct clients who are City of San Marcos residents: 40-45

5) Does program participation depend upon income or any other determination of eligibility?

No:  X

Yes: \_\_\_\_\_ If Yes, please attach a copy of the eligibility guidelines.  
(If a sliding scale is used attach a copy of the scale used.)

If requested funds are to be used as matching funds, identify source and amount of primary grants:

Source: Health and Services Commission Amount: \$14,550 MATCH FUNDS

Source: \_\_\_\_\_ Amount: \_\_\_\_\_

**Client Information Specific to This Program:**

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2) How is the program marketed to direct clients? How do you find these clients?

YRC is promoted through community outreach events, networking with other service providers, continually being a presence on school campuses distributing target informational materials and providing presentations as needed/requested. Our program also receives referrals from existing community partnerships.

3) Describe the indirect clients for this program, if any.

The indirect clients for this program would be non-engaged family members, school staff, counselors, case managers and other program providers within the community.

4a) Expected total annual unduplicated direct clients for this program: 55

4b) Expected annual unduplicated direct clients who are City of San Marcos residents: 40-45

5) Does program participation depend upon income or any other determination of eligibility?

No: X

Yes: \_\_\_\_\_ If Yes, please attach a copy of the eligibility guidelines.

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*Bill Bailey*  
*CEO, signed on wrong line*

Submitted By:

*Bill Bailey*  
Signature of Executive Director

9/1/2021  
Date

Bill Bailey  
Printed Name of Executive Director

Approval:

*Carla Merrett*  
Signature of Board President

9/3/2021  
Date

Carla Merrett - Prevention Director  
Printed Name of Board President



## HUMAN SERVICES FUNDING QUESTIONNAIRE FY 2022

The Board strongly requests that all answers be typed.  
Responses should not exceed 75 words per question.

**PLEASE COMPLETE ALL QUESTIONS.**

**1. What is the agency's or organization's mission?**

Cenikor. A Place for Change. Providing a Foundation for Better Health and Better Lives.

Vision: Cenikor will be a leader in providing quality substance abuse and behavioral health services in the communities we serve through a continuum of care for adults and adolescents.

**2. Regarding the program for which funding is being requested, what evidence suggests this program is needed in San Marcos or nearby?**

There is an identified need based on the client census served throughout the past two consecutive years in addition to the recent expansion of YRC services to the Tyler and Amarillo communities driven by HHSC grant funding.

**3. What specific, measurable outcomes or results do you hope to achieve with this program?**

There are program measures given by YRC's grant source to measure over twenty different youth outcomes within eight outcome domains, including academic success, arts and recreation, community involvement, cultural competency, life skills, positive life choices, positive core values, and sense of self.

**4. How will you measure results throughout the year?**

Each participant is entered into CMBHS, the State of Texas documentation system, given a case management screening and a recovery plan which is continually updated throughout the adolescent's program participation to track goals, objectives, and progress. This information is utilized to report program measures monthly to HHSC and monitored by YRC staff.

**5. Please answer the following questions if funding is requested for staff:**

- a. List the title of each position for which funding is requested, how many hours per week will be spent on this program vs other programs, and the activities associated with each position.
- b. If staff funding requests can only be partially funded, how will you supplement the funding to cover the remainder needed?
- c. Staff pay may only be funded for one year. What will you do to provide for this position next year?

**6. Funding Questions:**

- a. What has your organization done in the past two years to raise different funding for this program?  
Cenikor continues to look to diversify funding for the YRC Programs. Over the past two years, Cenikor has applied for a variety of grants. In March of 2020, Cenikor applied for a Substance Abuse and Mental Health Services Administration grant for a program focused on the 18–34-year-old population and was awarded the funding. This funding is for five years.
- b. What do you plan to do this year to find different funding for this program?  
The Prevention Director will continue to look to increase and find different funding for the Prevention Program through SAMHSA and other grant opportunities.

**7. What additional funding is your agency requesting for this program ?**

Funding Source	Amount Requested	Amount Granted	Pending (Y/N)
Hays County	\$20,000.00		Y
City of Lockhart	\$1,000.00		Y

**8. Describe any differences between the way you had proposed spending last year’s allocation and they way you actually spent it.**

There were no differences in how the proposed spending occurred and the way the funds were spent with last year’s allocation of funds. The match dollars are a required part of the Health and Humans Services Prevention contract and shows the City’s support committment of Cenikor’s Youth Recovery Programs. The City of San Marcos has supported our Youth Recovery Program for the last 5 years.

**9. How many volunteers does your agency or organization have and how many hours do they spend on the program requesting funding?**

The YRC in San Marcos has three volunteers that do not spend any allocated time requesting funding.

**10. Board of Directors Questions:**

a. How is the agency's or organization's Board of Directors selected?

Business leaders from a broad spectrum of industries who can volunteer their time to provide fiduciary and board governance duties.

b. How often do does the Board meet?

The Cenikor Board meets as a quorum each quarter for presentations from Cenikor leadership, and to provide input and guidance to the Cenikor leadership. Directors sit on various Committees with specific areas of oversight, and these Board Committees, many of which also have Cenikor employee membership meet quarterly, or as needed to achieve the goals of the Committee.

c. What actions do Board members take to support the programs of the agency or organization?

The Board of Directors of Cenikor are unpaid volunteer positions of business leaders who support the Mission of the charity. They provide monetary support, as well as "hands-on" engagement with our community outreach, fundraising activities, and building relationships with other supporters and referral partners. The Board provides fiduciary and operational insight from their many years of experience. Although a Policy Board, the Directors occasionally engage with Cenikor leadership when needed.