



City of San Marcos
HUMAN SERVICES FUNDING APPLICATION
Fiscal Year 2023

Name of Agency/Organization: Combined Community Action, Inc./Meals on Wheels Rural Capital Area

Address: 165 W. Austin St.

City, State & Zip: Giddings, TX 78942

Contact Person: Kelly Franke Title: Executive Director

E-Mail Address: kjfranke@ccaction.com Website: www.ccaction.com

Phone: 979/540-2999 Fax: 979/542-9565

Program Title: Meals on Wheels Rural Capital Area

Amount of Funds Requested: \$15,000.00

Status: (check one) Existing Program Program Expansion New Program

Briefly describe the program proposed for funding and the services it provides:

Meals on Wheels Rural Capital Area provides hot noon meals to older adults 60 years of age and older. Meals are stage and packaged at 3 sites in San Marcos. Trained volunteers assist in delivering the meals to older adults who are homebound and in need of a nutritious meal.

CCA/MOWRCA missed the opportunity to apply for funds last year, therefore I would like to share that during COVID we were providing 7 frozen meals a week and 5 shelf stable meals every other week. Program participation increased during that time and continues to increase due to inflation.

Describe who will benefit from this program and how:

Older adults 60 years of age and older will benefit from this program through the delivery of hot noon meals. CCA/MOWRCA provided 54,675 meals through 3 sites in San Marcos in 2021. The meals provide 1/3 of the daily recommended allowance of nutrition needed by these individuals to keep them healthy, well-nourished, and independent.

*Note: We just continued hot meal delivery April 2022, prior to that we were serving frozen and shelf stable meals as stated above.

If requested funds are to be used as matching funds, identify source and amount of primary grants:

Source: CAPCOG/Area Agency on Aging Amount: \$1,100,000 (6 counties)

Source: _____ Amount: _____

Client Information Specific to This Program:

1) Describe the direct clients for this program.

Older adults 60 years of age and older are the direct clients for this program and certain disabled persons under the age of 60 can also qualify.

2) How is the program marketed to direct clients? How do you find these clients?

CCA/MOWRCA has a strong social media presence, but most of our clients are referred by medical professionals, hospitals, home health, food banks, other social service providers. Staff also make presentations to local civic groups about the program.

3) Describe the indirect clients for this program, if any.

Meals on Wheels Rural Capital Area is a direct service program.

4a) Expected total annual unduplicated direct clients for this program: 1153

4b) Expected annual unduplicated direct clients who are City of San Marcos residents: 371

5) Does program participation depend upon income or any other determination of eligibility?

No: 60+ and certain disabled persons under 60

Yes: If yes, please attach a copy of the eligibility guidelines.

Submitted and approved by:



Signature of Board President

7/21/22

Date

Alan Turner

Printed Name of Board President



HUMAN SERVICES FUNDING QUESTIONNAIRE FY 2023

The Board strongly requests that all answers be typed.
Most responses should be at least 75 words per question.

PLEASE COMPLETE ALL QUESTIONS.

1. What is the agency's or organization's mission?

Assisting low-income people in becoming independent and self-sufficient and helping improve their quality of life by transitioning them out of poverty through innovative programming and strong community partnerships.

2. Regarding the program for which funding is being requested, what evidence suggests this program is needed in San Marcos or nearby?

Data obtained from CAPCOG/Area Agency on Aging shows the population increase in Hays County from 2010 to 2020 at 53.44%, that is the largest increase in the region. CAPCOG also reported that food insecurity was the number one issue in the region when COVID 19 started. As a meal provider, we successfully met the increased demand, despite our congregate sites/senior centers being forced to close. The population of San Marcos is 68,040 with 9% of those people being older adults and the overall poverty rate is 28.89%. (Source: world population review) The Census reports that 9.4% of the population are 65+ this does not factor in that CCA/MOWRCA serves those persons 60+ years of age. Many of the older adults we serve cannot afford nutritious food. The program provides 1/3 of the daily nutrition needed for older adults.

3. What specific, measurable outcomes or results do you hope to achieve with this program?

CCA/MOWRCA has administered the program for more than 46 years. The outcome would be to help the elderly remain at home, independent and well-nourished for as long as possible and to avoid nursing home assistance. The number of meals and older adults are tracked daily by the local site managers. These reports allow our Senior Services Director the ability to determine if we are on track of meeting our goals throughout the year. Our goal is to serve every older adult in San Marcos that needs a hot noon meal.

4. How will you measure results throughout the year?

The number of meals and older adults are tracked daily by the local site managers. The site managers then send those reports to our central office where each site's meals are tracked on an excel spreadsheet. The Senior Services Director tracks the number of meals ordered by each site versus the number of meals served. We track meals and clients served by city and by county. These numbers are reported monthly to CAPCOG/Area Agency on Aging. Through these reports we can ensure we are on track to meet our goals.

5. Please answer the following questions if funding is requested for staff:

- a. List the title of each position for which funding is requested, how many hours per week will be spent on this program vs other programs, and the activities associated with each position.
- b. If staff funding requests can only be partially funded, how will you supplement the funding to cover the remainder needed?
- c. Staff pay may only be funded for one year. What will you do to provide for this position next year?
Funding received by the City of San Marcos is used to purchase additional meals for the program. We Currently have no waiting list and serve every older adult in need of a meal.

6. Funding Questions:

- a. What has your organization done in the past two years to raise different funding for this program?
The Family Justice Center Board has held online, social media platform-based fundraising campaigns. CCA/MOWRCA continued to conduct our direct mail campaign to raise funds for this program along with submitting applications to local county governments, St. David’s Foundation and United Way.
- b. What do you plan to do this year to find different funding for this program? In 2022, we have had our Casino Night Fundraiser, a Raffle and will hold a luncheon in the fall. We have also reached out to a local sorority who supports Meals on Wheels and currently planning a duck drop in San Marcos.

7. What additional funding is your agency requesting for this program?

Funding Source	Amount Requested	Amount Granted	Pending (Y/N)
Hays County	\$15,000	Unknown currently	Y
United Way	\$15,000	Unknown currently	Y
St. David’s Foundation	\$125,000	\$125,000	

8. Describe any differences between the way you had proposed spending last year’s allocation and the way you spent it.

CCA/MOWRCA did not receive notification regarding the application process last year, therefore we did not apply. In the previous year, the funds were spent as written in the application.

9. How many volunteers does your agency or organization have and how many hours do they spend on the program requesting funding?

CCA/MOWRCA has over 200 volunteers. Last month those volunteers provided 1009 cumulative hours packaging and delivering meals. None of our volunteers typically request funding on behalf of the program.

10. Board of Directors Questions:

a. How is the agency's or organization's Board of Directors selected? Our board of directors are selected based on the Community Service Block Grant rules that our agency must follow. One-third of our board members are public officials, one-third are private interest and one-third represent the poor. Public officials are appointed by county judges, private interest members are appointed by local civic groups or churches and the representatives of the poor are elected by the people we serve in a democratic election process.

b. How often does the Board meet? The board of directors' meetings quarterly in January, April, July, September and in November for their annual meeting. The April 2022 board meeting was delayed until May 2022 due to a scheduling conflict.

c. What actions do Board members take to support the programs of the agency or organization?

The board approves contracts and funding applications as well as participates in fundraising efforts for all programs. Approximately 1/3 of the board not only serves on the board but makes private donations to our programs.

2022 MOW BUDGET		
6-county service area		MOWs
PERSONNEL	ACCT CODE	
Salaries	05/06.203.00.801	175,000.00
FRINGE		
		45,000.00
FICA/TUCA	05/06.204.00.821	
OA INS	05/06.204.00.823	
Health Ins	05/06.204.00.824	
Retirement	05/06.204.00.825	
Life & AD Ins	05/06.204.00.826	
NUTRITION EDUCATION		
Materials	05/06.212.00.835	1,000.00
TRAVEL		
In-Area	05/06.205.00.830	4,500.00
Out-of-Area	05/06.205.00.831	1,500.00
Meal Delivery	---/06.205.00.833	
Insurance/Vehicle	05/06.205.00.873	3,000.00
Fuel	05/06.205.00.878	1,500.00
Vehicle Maint	05/06.205.00.879	
License/Fees	05/06.205.00.888	75.00
OTHER COSTS		
Audit	05/06.207.00.803	8,000.00
Contractual	05/06.207.00.817	
Postage/Freight	05/06.207.00.853	1,000.00
Internet	05/06.207.00.868	500.00
Telephone	05/06.207.00.867	750.00
Ins/Liability	05/06.207.00.871	3,000.00
Adm Alloc Cost	05/06.207.00.998	42,000.00
PROFESSIONAL SERVICES		
Train/Staff/Conf	05/06.208.00.884	1,000.00
Dues/Membership	05/06.208.00.892	1,000.00
PROMOTIONAL		
Printing	05/06.209.00.852	
Recruit/Advertise	05/06.209.00.857	1,000.00
EQUIPMENT COSTS		
Rent/Lease		
Maint/Repair	05/06.210.00.903	3,000.00
Equipment/non-capital	05/06.210.00.920	
FOOD COST		
Contracted Meals	05/06.211.00.839	750,000.00
RawFood	05/06.211.00.846	
Frozen/Shelf Meals	05/06.211.00.847	
Consumables	05/06.211.00.836	
SUPPLIES		
Maint	05/06.212.00.841	
Office	05/06.212.00.844	1,000.00
Other	05/06.212.00.845	
Copy/Print	05/06.212.00.852	2,000.00
OCCUPANCY		
Rent	05/06.213.00.859	4,000.00
Utilities	05/06.213.00.864	1,200.00
Maint/Repair/Improv	05/06.213.00.904	1,500.00
Ins/Bldg	05/06.213.00.871	
TOTAL COST		1,052,525.00
Allenwood	---/06.712.01.999	1,500.00
GRAND TOTAL COSTS		1,054,025.00
REVENUE		
Program	05/06.000.00.408	30,000.00
Program - N/E	05/06.000.00.412	0.00
Local Cash	05/06.000.00.415	30,000.00
United Way	05/06.000.00.418	7,500.00
Miscellaneous	05/06.000.00.442	10,000.00
Amerigroup	/06.000.00.442	18,000.00
United/Evercare	/06.000.00.443	20,000.00
O A Title III	05/06.000.00.451	1,100,000.00
Equipment - Title III		
TOTAL REVENUE		1,215,500.00

2023 Projected MOWs Cost		
6-county service area		MOWs
PERSONNEL	ACCT CODE	
Salaries	05/06.203.00.801	190,000.00
FRINGE		
		55,000.00
FICA/TUCA	05/06.204.00.821	
OA INS	05/06.204.00.823	
Health Ins	05/06.204.00.824	
Retirement	05/06.204.00.825	
Life & AD Ins	05/06.204.00.826	
NUTRITION EDUCATION		
Materials	05/06.212.00.835	1,000.00
TRAVEL		
In-Area	05/06.205.00.830	6,000.00
Out-of-Area	05/06.205.00.831	
Meal Delivery	---/06.205.00.833	
Insurance/Vehicle	05/06.205.00.873	3,000.00
Fuel	05/06.205.00.878	1,500.00
Vehicle Maint	05/06.205.00.879	
License/Fees	05/06.205.00.888	75.00
OTHER COSTS		
Audit	05/06.207.00.803	7,500.00
Contractual	05/06.207.00.817	
Postage/Freight	05/06.207.00.853	1,000.00
Internet	05/06.207.00.868	500.00
Telephone	05/06.207.00.867	750.00
Ins/Liability	05/06.207.00.871	3,000.00
Adm Alloc Cost	05/06.207.00.998	50,000.00
PROFESSIONAL SERVICES		
Train/Staff/Conf	05/06.208.00.884	2,000.00
Dues/Membership	05/06.208.00.892	1,000.00
PROMOTIONAL		
Printing	05/06.209.00.852	
Recruit/Advertise	05/06.209.00.857	1,500.00
EQUIPMENT COSTS		
Rent/Lease		
Maint/Repair	05/06.210.00.903	3,500.00
Equipment/non-capital	05/06.210.00.920	
FOOD COST		
Contracted Meals	05/06.211.00.839	800,000.00
RawFood	05/06.211.00.846	
Frozen/Shelf Meals	05/06.211.00.847	
Consumables	05/06.211.00.836	
SUPPLIES		
Maint	05/06.212.00.841	
Office	05/06.212.00.844	1,500.00
Other	05/06.212.00.845	
Copy/Print	05/06.212.00.852	3,000.00
OCCUPANCY		
Rent	05/06.213.00.859	5,000.00
Utilities	05/06.213.00.864	2,400.00
Maint/Repair/Improv	05/06.213.00.904	2,500.00
Ins/Bldg	05/06.213.00.871	
TOTAL COST		1,141,725.00
Allenwood	---/06.712.01.999	1,500.00
GRAND TOTAL COSTS		1,143,225.00
REVENUE		
Program	05/06.000.00.408	35,000.00
Program - N/E	05/06.000.00.412	0.00
Local Cash	05/06.000.00.415	26,000.00
United Way	05/06.000.00.418	6,200.00
Miscellaneous	05/06.000.00.442	10,000.00
Amerigroup	/06.000.00.442	19,000.00
United/Evercare	/06.000.00.443	22,000.00
O A A Title III	05/06.000.00.451	1,465,769.00
Equipment - Title III		
TOTAL REVENUE		1,583,969.00

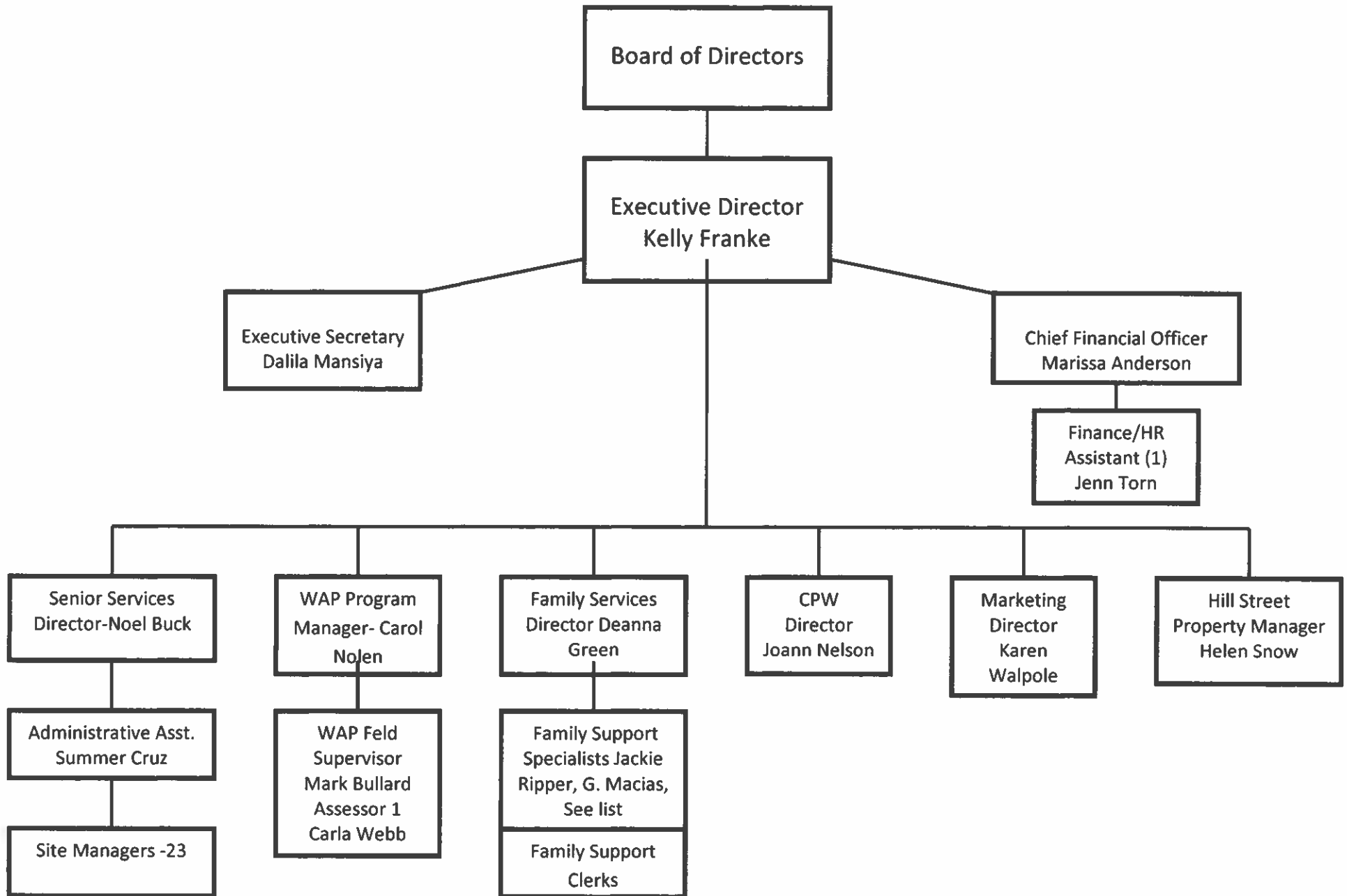
Board of Directors Roster

Date: 1/1/2022

Name	Appointment Date	Date Term Expires	Address: Street, City, Zip Code	Phone	Email Address
Chair/President: Alan Turner Public Official	04/2015	Appointed by Judge	200 S. Main Giddings, TX	979/542-6897	commissionerpct3@co.lee.tx.us
Mark Meuth Public Official	01/2017	Appointed by Judge	804 Pecan St. Bastrop, TX 78602	512-581-4000	mark.meuth@co.bastrop.tx.us
Leroy Cerny Public Official	01/2021	Appointed by Judge	166 Jefferson, Cat Spring, TX 78933	979-877-4205	pct3@austincounty.com
Nicole Ramirez Rep of the Poor	07/2021	07/2023	2139 Oak Ridge Rd. LaGrange, TX 78945	979-966-3651	nicole.ramirez@lgisd.net nrm.ramirez@hotmail.com
Doug Wessels Public Official	01/2001	Appointed by Judge	P.O. Box 129 Rock Island, TX	979-758-4041	doug.wessels@co.colorado.tx.us
Ramzi Awad Rep of the Poor	04/2021	04/2023	765 Acorn St Giddings, TX	512-773-6004	awadramzi@hotmail.co
Jeremy Finch Private Interest Vice Chair	04/2021	04/2023	4026 Frank Rd., La Grange, TX 78945	979-966-2812	jeremy_finch02@yahoo.com
Pam Machac Private Interest	11/2021	11/2023	192 Hanson Cove Giddings TX 78942	979/540-6566	pamelam@thenitschegroup.com
Luke Sternadel Public Official	04/2022	Appointed by Judge	1628 Waldeck Rd. Ledbetter Tx 78946	979/966-2085	luke.sternadel@co.fayette.tx.us
Kirk Lowe Private Interest	10/2021	10/2023	2205 Walnut St., Columbus, TX 78934	979-732-3114	klowe@fscinc.net
Kristi Bauer Rep of the Poor	07/021	07/2023	P.O. Box 653 Bastrop, TX 78602	512-303-2272	executivedirector@casabastrop.com
Rev. Joel Usher Rep of the Poor	04/2021	04/2023	2295 Hwy 71 Columbus, TX	512-740-9478	jnusher@hotmail.com
Joseph Guerrero Private Interest	07/2021	07/2023	PO Box 1226, Elgin, TX 78621	512-913-0898	guerrero@pvco.net
Shannon Hanath Private Interest Treasurer	07/2021	07/2023	1 East Main Bellville, TX 77418	979-865-5911	Shannonh@austincounty.com
Dallas Bozich Rep of the Poor	10/2021	10/2023	891 White Oak Bellville Tx 77418	979-270-2871	dallasbozich2213@gmail.com

COMBINED COMMUNITY ACTION ORGANIZATIONAL CHART

100% OWNERSHIP



Form **990**

Return of Organization Exempt From Income Tax
 Under section 501(c), 527, or 4947(a)(1) of the Internal Revenue Code (except private foundations)
 Do not enter social security numbers on this form as it may be made public.
 Go to www.irs.gov/Form990 for instructions and the latest information.

OMB No. 1545-0047
2020
 Open to Public Inspection

Department of the Treasury
 Internal Revenue Service

A For the 2020 calendar year, or tax year beginning _____, **and ending** _____

B Check if applicable:
 Address change
 Name change
 Initial return
 Final return/terminated
 Amended return
 Application pending

C Name of organization: **COMBINED COMMUNITY ACTION, INC.**

Doing business as _____

Number and street (or P.O. box if mail is not delivered to street address) Room/suite
165 W AUSTIN ST

City or town, state or province, country, and ZIP or foreign postal code
GIDDINGS TX 78942

D Employer identification number
74-1548511

E Telephone number
979-540-2980

G Gross receipts \$ **4,483,841**

F Name and address of principal officer:
KELLY JO FRANKE

H(a) Is this a group return for subordinates? Yes No
 H(b) Are all subordinates included? Yes No
 If "No," attach a list. See instructions.

I Tax-exempt status: 501(c)(3) 501(c) () (insert no.) 4947(a)(1) or 527

J Website: **WWW.CCACTION.COM**

K Form of organization: Corporation Trust Association Other

L Year of formation: **1966** **M** State of legal domicile: **TX**

H(c) Group exemption number ▶

Part I Summary

Activities & Governance	1 Briefly describe the organization's mission or most significant activities: To provide assistance to low-income families through various social programs related to nutrition, weatherization, utility assistance, housing, and other various programs.		
	2 Check this box <input type="checkbox"/> if the organization discontinued its operations or disposed of more than 25% of its net assets.		
	3 Number of voting members of the governing body (Part VI, line 1a)	3	15
	4 Number of independent voting members of the governing body (Part VI, line 1b)	4	15
	5 Total number of individuals employed in calendar year 2020 (Part V, line 2a)	5	49
	6 Total number of volunteers (estimate if necessary)	6	907
	7a Total unrelated business revenue from Part VIII, column (C), line 12	7a	0
b Net unrelated business taxable income from Form 990-T, Part I, line 11	7b	0	
Revenue	8 Contributions and grants (Part VIII, line 1h)	Prior Year	Current Year
	9 Program service revenue (Part VIII, line 2g)	2,939,183	4,351,181
	10 Investment income (Part VIII, column (A), lines 3, 4, and 7d)	123,645	132,616
	11 Other revenue (Part VIII, column (A), lines 5, 6d, 8c, 9c, 10c, and 11e)	25	44
	12 Total revenue - add lines 8 through 11 (must equal Part VIII, column (A), line 12)	3,062,853	4,483,841
Expenses	13 Grants and similar amounts paid (Part IX, column (A), lines 1-3)	863,860	1,007,762
	14 Benefits paid to or for members (Part IX, column (A), line 4)		0
	15 Salaries, other compensation, employee benefits (Part IX, column (A), lines 5-10)	819,836	1,008,242
	16a Professional fundraising fees (Part IX, column (A), line 11e)		0
	b Total fundraising expenses (Part IX, column (D), line 25) ▶ 20,124		
	17 Other expenses (Part IX, column (A), lines 11a-11d, 11f-24e)	1,412,821	1,903,885
	18 Total expenses. Add lines 13-17 (must equal Part IX, column (A), line 25)	3,096,517	3,919,889
19 Revenue less expenses. Subtract line 18 from line 12	-33,664	563,952	
Net Assets or Fund Balances	20 Total assets (Part X, line 16)	Beginning of Current Year	End of Year
	21 Total liabilities (Part X, line 26)	702,035	1,074,162
	22 Net assets or fund balances. Subtract line 21 from line 20	455,949	264,124
		246,086	810,038

Part II Signature Block

Under penalties of perjury, I declare that I have examined this return, including accompanying schedules and statements, and to the best of my knowledge and belief, it is true, correct, and complete. Declaration of preparer (other than officer) is based on all information of which preparer has any knowledge.

Sign Here Signature of officer: **KELLY JO FRANKE** Date: _____
 EXECUTIVE DIRECTOR
 Type or print name and title

Paid Preparer Use Only

Print/Type preparer's name: **Philip A. Jarred, CPA** Preparer's signature: **Philip A. Jarred, CPA** Date: **09/27/21** Check if PTIN self-employed **P00012189**

Firm's name ▶ **Jarred, Gilmore & Phillips, PA** Firm's EIN ▶ **20-3906022**

Firm's address ▶ **P.O. Box 779 Chanute, KS 66720** Phone no. **620-431-6342**

May the IRS discuss this return with the preparer shown above? See instructions Yes No

For Paperwork Reduction Act Notice, see the separate instructions. Form **990** (2020)

Part III Statement of Program Service Accomplishments

Check if Schedule O contains a response or note to any line in this Part III

1 Briefly describe the organization's mission:

To provide assistance to low-income families through various social programs related to nutrition, weatherization, utility assistance, housing, and other various programs.

2 Did the organization undertake any significant program services during the year which were not listed on the prior Form 990 or 990-EZ?

Yes No

If "Yes," describe these new services on Schedule O.

3 Did the organization cease conducting, or make significant changes in how it conducts, any program services?

Yes No

If "Yes," describe these changes on Schedule O.

4 Describe the organization's program service accomplishments for each of its three largest program services, as measured by expenses. Section 501(c)(3) and 501(c)(4) organizations are required to report the amount of grants and allocations to others, the total expenses, and revenue, if any, for each program service reported.

4a (Code:) (Expenses \$ 481,645 including grants of \$) (Revenue \$)

Elderly and Aging Services - Senior center operations which provides socialization, games, and hot noon meals 5 days a week to the elderly and disabled. Approximately 1,615 people served.

4b (Code:) (Expenses \$ 2,001,610 including grants of \$ 974,835) (Revenue \$ 44,464)

Emergency Assistance - Provides utility assistance to low-income individuals to assist them with energy bills, this could be gas, electric, propane, etc. Approximately 2,201 people served.

4c (Code:) (Expenses \$ 626,395 including grants of \$) (Revenue \$)

Weatherization Services - Provides services to help low-income people improve residential energy efficiency. Approximately 99 people served.

4d Other program services (Describe on Schedule O.)

(Expenses \$ 595,873 including grants of \$ 32,927) (Revenue \$ 88,152)

4e Total program service expenses 3,705,523

PUBLIC NOTICE

AVISO PÚBLICO

Non-Discrimination Compliance Policy

Cumplimiento de la norma sobre la discriminación

It is the policy of this office, program or facility to serve all persons with regard to employment, programs, services and/or admissions without discrimination as to race, creed, color, sex, age, ancestry, national origin, religion or disability.

Esta oficina, entidad o programa tiene como norma servir a todas las personas con respecto al empleo, los programas, los servicios o los ingresos sin discriminación por raza, credo, color, sexo, edad, ascendencia, origen nacional, religión o discapacidad.

Combined Comm. Action

11/1/2022

Administrator

Date

Combined Comm. Action

11/1/22

Administrador

Fecha

In the event of a complaint or grievance concerning discrimination within this facility, contact the Equal Opportunity Representative and/or Compliance Coordinator for Title VI of the 1964 Civil Rights Act and Section 504 of the Rehabilitation Act of 1973 at:

En caso de que tenga una queja o un agravio relacionados con esta entidad, comuníquese con el Representante de Igualdad de Oportunidades o el Coordinador de Cumplimiento del Título VI de la Ley de Derechos Civiles de 1964 y la Sección 504 de la Ley de Rehabilitación de 1973 en:

Representative: Kelly Franke
Address: 165 W. Austin
Giddings TX
Phone: 979/540-2980

Coordinator: Noel Buck
Address: 165 W. Austin
Giddings TX 78942
Phone: 979-540-2980
* Speaks Spanish

Representative: Kelly Franke
Dirección: 165 W. Austin
Giddings TX
Teléfono: 979-540-2980

Coordinador: Noel Buck
Dirección: 165 W. Austin
Giddings TX
Teléfono: 979-540-2980

In addition to the above-mentioned administrator, representative and coordinator who can provide local administrative remedies to resolve any problem with discrimination, you may submit a written complaint to:

Además del administrador, representante y coordinador mencionados arriba que pueden proporcionar soluciones administrativas locales para resolver cualquier problema relacionado con la discriminación, usted puede enviar una queja por escrito a:

Assistant Commissioner
Access and Intake Division
Texas Department of Aging
and Disability Services
P.O. Box 149030
Austin, Texas 78714-9030

or

Regional Manager
U.S. Dept. of Health & Human Services
Office of Civil Rights
1301 Young Street, Suite 1169
Dallas, Texas 75202

o a

Assistant Commissioner
Access and Intake Division
Texas Department of Aging
and Disability Services
P.O. Box 149030
Austin, Texas 78714-9030

Regional Manager
U.S. Dept. of Health & Human Services
Office of Civil Rights
1301 Young Street, Suite 1169
Dallas, Texas 75202

From: Marilyn Apple <apple_marilyn@yahoo.com>

Sent: Tuesday, July 12, 2022 3:54 PM

To: Elizabeth Denson <elizabeth.denson@mowrca.org>; Chris Delmark <chris@psmchurch.com>

Subject: Re: Letters of Support

Thank you so much for asking for this letter. I am always thrilled to promote and support, Meals On Wheels and sing praises.

Meals on Wheels Rural Capital Area

I've been participating in Meals on Wheels with our team from PromiseLand Church for many years. It is a wonderful mission that reaches the elderly, ill, and disabled at the point of their greatest physical and emotional needs. Yes, good nourishment is so essential. But the helping hand, the smile and warm greeting, of in some cases the only in-person human being our recipient sees in the course of a day, or even a week. Most of our elderly are happiest in their own home for as long as they can be. Nursing homes are not a final goal on earth for most of us. Meals on Wheels provides a big part of this continued comfort or familiarity, and the sustenance of final years, and the freedom to live at home. But it also provides the love and the care of those who will give, and serve, smile, and sometimes hug, as appropriate. We get to know our recipients and pray for them. And they do know how we feel about them. Most of us who serve are fortunate enough to be retired, available, and well enough to drive the route, and go the door. We care! It is a time tested system of cooperation from the faith based community and some other community service organizations, that meets this essential need.

Sincerely,
Marilyn Apple
PromiseLand Church Member



Community Action, Inc. of Central Texas

— DEVELOPING OPPORTUNITIES —

215 S. Reimer Avenue, Suite 130 – P.O. Box 748 San Marcos, TX 78667-0748

(512) 392-1161 – FAX (512) 396-4255

www.communityaction.com

July 7, 2022

Dear Human Services Committee Members:

Community Action, Inc. of Central Texas wholeheartedly supports the grant application for Meals on Wheels submitted by Combined Community Action. We have collaborated with this very valuable program for over 20 years. They provide congregate meals to our senior citizens at the San Marcos Senior Citizen program, Monday – Friday as well as to many shut-in elderly residents in San Marcos. Ninety-nine percent of our clients are low to extremely low income and this warm meal helps to provide needed nutrition for them. During the COVID-19 shut down, they delivered frozen meals for our clients each week to the center so they would not go hungry during the pandemic.

Please continue to support Combined Community Action's Meals on Wheels and the residents of Hays County and San Marcos rely on this much-needed service.

Sincerely,

Carole Belver
Executive Director

July 20, 2022

To CCA and the City of San Marcos,

I'm a volunteer and recipient of the Meals on Wheels Rural Capital Area at the Allen Woods site in San Marcos. Being involved with MOW has had such a great impact on my life.

After my husband passed away, I found myself very lonely. I saw a flyer that MOW needed volunteers, so I decided to sign up. I felt like I found my new purpose instantly. Seeing the smiles on the faces of the people I delivered meals to, became the highlight of my day. The seniors are so appreciative for the meals, but also excited to have someone stop by and check on them. That's when I realized that MOW was doing much more than just serving meals. They were also providing well checks on the homebound.

I also am a recipient of congregate meals. I really enjoy the meals. They are very tasty. Being able to eat lunch at the site every day is convenient and saves me money. Now that I am alone, I must be very careful on my spending and MOW saves me money on groceries. Being at the site also allows me the socialization I so much needed.

The meals are also nutritious, low sodium, which my doctor likes, and most are under 700 calories. I am so grateful for Meals on Wheels and everything they do for the elderly in San Marcos.

Thank you for all you and God Bless,

Beverly G. Rains

San Marcos Recipient and Volunteer of MOW